

LC00863

STATE OF RHODE ISLAND

IN GENERAL ASSEMBLY

JANUARY SESSION, A.D. 2006

A N A C T

RELATING TO SCHOOL COMMITTEES AND SUPERINTENDENTS

Introduced By: Representatives McNamara, Naughton, and Ginaitt

Date Introduced: January 31, 2006

Referred To: House Health, Education & Welfare

It is enacted by the General Assembly as follows:

1 SECTION 1. Chapter 16-21 of the General Laws entitled "Health and Safety of Pupils" is
2 hereby amended by adding thereto the following section:

3 **16-21-29. Definitions.** – As used in this chapter:

4 (1) "Healthier beverages" shall be defined as:

5 (a) Water, including carbonated water, flavored or sweetened with one hundred percent
6 (100%) fruit juice and containing no added sweetener.

7 (b) Two percent (2%) fat milk, one percent (1%) fat milk, nonfat milk, and dairy
8 alternatives, such as fortified soy beverages; plain or flavored, with a sugar content of not more
9 than four (4) grams per ounce.

10 (c) One hundred percent (100%) fruit juice or fruit based drinks that are composed of no
11 less than fifty percent (50%) fruit juice and have no added sweetener.

12 (d) Vegetable-based drinks that are composed of no less than fifty percent (50%)
13 vegetable juice and have no added sweetener.

14 (2) "Healthier snacks" shall be defined as:

15 (a) Individually sold portions of nuts, nut butters, seeds, eggs, and cheese packaged for
16 individual sale, fruit, vegetables that have not been deep fried, and legumes.

17 (b) Individually sold portions of low fat yogurt with not more than four (4) grams of total
18 carbohydrates (including both naturally occurring and added sugars) per ounce and reduced fat or
19 low fat cheese packaged for individual sale.

1 (c) Individually sold enriched or fortified grain or grain product; or whole grain food
2 items that meet all of the following standards based on manufacturers' nutritional data or nutrient
3 facts labels:

4 (i) Not more than thirty percent (30%) of its total calories shall be from fat.

5 (ii) Not more than ten percent (10%) of its total calories shall be from saturated fat.

6 (iii) Not more than seven (7) grams of total sugar (includes both naturally occurring and
7 added sugars) per ounce.

8 (3) "Added sweetener" shall mean any additive, including natural or artificial additives
9 that enhances the sweetness of the beverage, including, added sugar, but does not include, the
10 naturally occurring sugar or sugars that are contained within milk or fruit juice.

11 (4) "Snack" means a food that is generally regarded as supplementing a meal, including,
12 but not limited to: chips, crackers, onion rings, nachos, French fries, donuts, cookies, pastries,
13 cinnamon rolls, and candy.

14 SECTION 2. Section 16-21-7 of the General Laws in Chapter 16-21 entitled "Health and
15 Safety of Pupils" is hereby amended to read as follows:

16 **16-21-7. School health program. School health.** – (a) All schools that are approved for
17 the purpose of sections 16-19-1 and 16-19-2 shall have a school health program which shall be
18 approved by the state director of the department of health and the commissioner of elementary
19 and secondary education or the commissioner of higher education, as appropriate. The program
20 shall provide for the organized direction and supervision of a healthful school environment,
21 health education, and services. The program shall include and provide, within and consistent with
22 existing school facilities, for the administration of nursing care by certified nurse teachers, as
23 defined in section 16-21-8, as shall be requested, in writing, by the attending physician of any
24 student and authorized, in writing, by the parent or legal guardian of the student. No instruction in
25 the characteristics, symptoms, and the treatment of disease shall be given to any child whose
26 parent or guardian shall present a written statement signed by them stating that the instructions
27 should not be given the child because of religious beliefs.

28 (b) All Rhode Island elementary, middle and junior high schools that sell or distribute
29 beverages and snacks on their premises, including those sold through vending machines, shall be
30 required to offer healthier beverages effective January 1, 2007, and healthier snacks effective
31 January 1, 2008 as defined in chapter 16-21.

32 (c) Schools may permit the sale of beverages and snacks that do not comply with the
33 above paragraph as part of school fundraising in any of the following circumstances:

34 (1) The items are sold by pupils of the school and the sale of those items takes place off

1 and away from the premises of the school.

2 (2) The items are sold by pupils of the school and the sale of those items takes place one
3 hour or more after the end of the school day.

4 (3) The items sold during a school sponsored pupil activity after the end of the school
5 day.

6 SECTION 3. This act shall take effect upon passage.

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EXPLANATION
BY THE LEGISLATIVE COUNCIL
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- 1 This act would place guidelines on the sale of sweetened beverages in schools and would
- 2 also promote nutritional and healthy choices.
- 3 This act would take effect upon passage.

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